

**REPORT/RECOMMENDATION TO THE BOARD OF SUPERVISORS
OF SAN BERNARDINO COUNTY, CALIFORNIA
AND RECORD OF ACTION**

42

June 24, 2003

FROM: RUDY LOPEZ, Director
Department of Behavioral Health (DBH)

SUBJECT: SUBSTANCE ABUSE TREATMENT AND PREVENTION CONTRACTS

RECOMMENDATION:

1. Approve Amendment No. 2 to the substance abuse residential treatment contracts listed below, decreasing the total contract amount by \$339,572 from \$14,256,368 to \$13,916,796 and adding the Health Insurance Portability and Accountability Act (HIPAA), Cultural and Linguistic Competency, and Recovery Model provisions to the contracts.

Contract	Provider	Location	Original Three Year Contract Amount	Amended Three Year Contract Amount	Decrease
02-618 A-2	Inland Valley Drug and Alcohol Recovery Services, Inc.	Upland, Ontario	\$2,194,369	\$2,142,564	(\$51,805)
02-619 A-2	Morongo Basin Mental Health, Inc.	Yucca Valley	\$1,937,445	\$1,890,519	(\$46,926)
02-620 A-2	New House, Inc.	San Bernardino	\$2,199,452	\$2,147,223	(\$52,229)
02-621 A-2	St. John of God Health Care Services, Inc.	Victorville	\$2,787,941	\$2,721,498	(\$66,443)
02-622 A-2	Social Science Services, Inc.	Bloomington	\$3,202,971	\$3,126,774	(\$76,197)
02-623 A-2	Veteran's Alcohol and Rehabilitation Program, Inc.	San Bernardino	\$1,934,190	\$1,888,218	(\$45,972)
Total three-year amount			\$14,256,368	\$13,916,796	(\$339,572)
FY2003-04 Amount			\$4,638,932		

Record of Action of the Board of Supervisors

Page 1 of 6

42

SUBSTANCE ABUSE TREATMENT AND PREVENTION CONTRACTS

June 24, 2003

Page 2 of 6

2. Approve contracts between the County (Department of Behavioral Health) and the providers listed below for substance abuse outpatient treatment services for the period July 1, 2003 through June 30, 2006 in the amount of \$15,550,299.

Contract	Provider	Location	Three Year Contract Amount
	Inland Behavioral and Health Services, Inc.	San Bernardino	\$2,961,960
	Redlands-Yucaipa Guidance Clinic Association, Inc.	Redlands, Yucaipa, Highland, Fontana	\$2,633,139
	Mental Health Systems, Inc.	Colton, Redlands, Fontana	\$2,187,729
	Matrix Institute, Inc.	Rancho Cucamonga	\$1,519,335
	Bilingual Family Counseling Services, Inc.	Ontario	\$1,197,867
	Morongo Basin Mental Health, Inc.	Yucca Valley	\$1,133,592
	High Desert Mental Health, Inc.	Victorville, Barstow	\$1,091,205
	Casa de San Bernardino, Inc.	San Bernardino	\$879,450
	Operation Breakthrough, Inc.	Big Bear	\$695,424
	Rim Family Services, Inc.	Sky Forest	\$687,309
	Inland Valley Drug and Alcohol Recovery Services, Inc.	Upland	\$425,181
	St. John of God, Inc.	Victorville	\$138,108
	Total three-year amount		\$15,550,299
	FY2003-04 Amount		\$5,183,433

SUBSTANCE ABUSE TREATMENT AND PREVENTION CONTRACTS

June 24, 2003

Page 3 of 6

3. Approve contracts with the alcohol and drug abuse service providers listed below for the period July 1, 2003 through June 30, 2004 in the amount of \$7,776,646.

Contract	Provider	Location	One Year Contract Amount
	<u>Prevention/Medi-Cal Services:</u>		
	Big Bear Family Counseling Center, Inc.	Big Bear Lake	\$73,708
	Bilingual Family Counseling, Inc.	Ontario	\$237,364
	Casa de San Bernardino, Inc.	San Bernardino	\$186,037
	Center for Community Counseling, Inc.	San Bernardino	\$173,487
	City of Chino, Community Service Dept.	Chino	\$157,349
	Hase and Associates, Inc.	San Bernardino	\$150,346
	High Desert Child, Adolescent and Family Center, Inc.	Victorville	\$131,419
	High Desert Mental Health Center, Inc.	Barstow, Victorville	\$40,000
	Inland Behavioral and Health Services, Inc.	San Bernardino	\$107,281
	Inland Valley Drug and Alcohol Recovery Services, Inc.	Upland, Ontario	\$121,563
	Mental Health Systems, Inc.	San Bernardino, Colton Redlands, Needles	\$478,739
	Merrill Community Services, Inc.	Fontana	\$62,670
	Morongo Basin Mental Health, Inc.	Yucca Valley	\$40,000
	People's Choice, Inc	San Bernardino, Victorville	\$320,000
	Reach Out West End, Inc.	Upland	\$406,362
	Redlands-Yucaipa Guidance Clinic, Inc.	Redlands, Yucaipa	\$167,587
	Rim Family Services, Inc.	Sky Forest	\$40,000
	Rolling Start, Inc.	San Bernardino	\$33,280
	San Bernardino Communities Against Drugs	San Bernardino	\$83,105
	San Bernardino County Dept. of Public Health	San Bernardino	\$493,504
	Social Science Services, Inc.	Bloomington	\$25,000
	St. John of God Health Care Services, Inc.	Victorville	\$20,000
	Social Action Community, Inc.	San Bernardino	\$50,000
	Subtotal		\$3,598,801
	<u>Drug Courts:</u>		
	Mental Health Systems, Inc.	San Bernardino, Redlands, Victorville, Needles	\$1,100,963
	Operation Breakthrough, Inc.	Big Bear Lake	\$65,000
	Matrix Institute, Inc.	Rancho Cucamonga	\$160,000
	Subtotal		\$1,325,963
	<u>Transitional Housing:</u>		
	New House, Inc.	San Bernardino	\$20,000
	Social Science Services, Inc.	San Bernardino	\$60,000
	Subtotal		\$80,000
	<u>Narcotic Treatment Programs:</u>		
	AEGIS Medical Systems, Inc.	Hesperia, Ontario	\$971,882
	WCHS, Inc.	Montclair, Colton	\$1,800,000
	Subtotal		\$2,771,882
	TOTAL CONTRACTS		\$7,776,646

BACKGROUND INFORMATION: This item amends existing three-year contracts for residential substance abuse treatment services, awards new three-year contracts for outpatient services, and continues for one additional year contracts with existing service providers for prevention, drug court, transitional housing assistance, and narcotic treatment programs.

Recommendation #1, Amend Residential Substance Abuse Treatment Services Contracts

On March 19, 2002, the Board approved and authorized the release of a Request for Proposals (RFP) to obtain vendors to deliver residential substance abuse treatment services for the period July 1, 2002 through June 30, 2005. The resulting contracts, totaling \$14,256,368, were approved by the Board of Supervisors on June 25, 2002 (Item 132). Amendment No. 1 to the contracts consisted of non-financial amendments approved by the Board on March 11, 2003 (Item 26). Now, due to actual and anticipated reductions in state, federal, and local funding for substance prevention and treatment services, DBH is recommending a reduction of 2.4% (\$339,572) in the contracts for a revised amount of \$13,916,796 (\$4,638,932 annually). DBH will mitigate the impact of the funding reduction by, where clinically appropriate, directing clients into less expensive outpatient services.

Also, language is being added to the contracts to ensure compliance with the Health Insurance Portability and Accountability Act (HIPAA), to meet the DBH goals pertaining to cultural and linguistic competency, and to state the DBH philosophy on the recovery model of substance abuse prevention and treatment services.

Cultural and linguistic enables a service provider to work effectively in cross-cultural situations. Substance abuse treatment professionals must be mindful of cultural, ethnic, and racial factors when providing services. Closely related is DBH's philosophy on recovery which is an approach to helping the individual live a healthy, satisfying, and hopeful life despite limitations and/or continuing effects caused by his or her substance abuse. Successful treatment often requires involvement of the individual, family, caregivers, and other support persons in the planning and implementation of the treatment process.

The contractors provide residential substance abuse treatment services to adults, including adults with children. They provide twenty-four hour per day therapeutic communities with all food and basic necessities provided in a home-like atmosphere. The facilities also provide space for activities designed to assist residents in the development of alcohol-free and drug-free lifestyles. These activities may include counseling, transportation assistance, education about chemical dependencies, life management skills training to assist with parenting and daily living activities, vocational planning, and job search assistance.

Although access to residential treatment services is less influenced by geography than outpatient clinics, the six service providers operate clinics located in the high and low desert regions, central and east valley regions, and the west end of the County.

#2, Approve Outpatient Substance Abuse Treatment Services Contracts

On March 11, 2003, the Board approved and authorized the release of an RFP to obtain vendors to deliver outpatient substance abuse treatment services for the period July 1, 2003 through June 30, 2006 (Item 27). The RFP was publicly advertised through direct mailing to community-based organizations, in local newspapers, and on the County's web site. Twenty-three proposers responded, with proposals totaling \$44,200,860 for services in a variety of San Bernardino County locations. Three proposals were submitted late and could not be considered. A committee composed of individuals from the community, other County departments, and county administrative staff from substance abuse treatment programs in neighboring counties reviewed and evaluated the submitted proposals based on:

- experience providing outpatient services
- treatment approach, goals, objectives
- how services accommodate clients with disabilities
- projected number of clients, client-staff ratio, and plan to treat culturally diverse areas
- screening methods to place clients at appropriate level of service
- methods to evaluate client progress
- staff skill
- referral and collaborative relationships with other agencies
- aftercare and case management ability
- plans to empower the clients to help themselves
- cost of treatment
- geographic location

The evaluation team found that the proposals submitted by the providers recommended for award best met the service requirements as defined in the RFP. A numerical rating which took into account the proposed service delivery plan as well as the proposed cost per service hour was assigned to each proposal. The proposals were ranked and are being recommended for contract awards based on those rankings.

Outpatient services consist of individual and group recovery-focused counseling, family counseling, twelve-step groups, vocational counseling, crisis intervention, referral services, individual recovery/treatment plans, substance abuse education, social/recreational activities, relapse prevention, and case management.

Approval of the outpatient contracts, totaling \$15,550,299, (\$5,183,433 annually), will provide funding for approximately 2,300 treatment slots which, based on an average of three months of treatment, would allow DBH to provide services to 9,200 County residents each year. This is a \$470,128 (8.32%) decrease in funding and a corresponding 858 (8.5%) decrease in the number of clients served compared to the current fiscal year.

The total three-year amount of all of the proposals was \$44,200,860 compared to the \$15,550,299 DBH believes will be available for outpatient services over the next three years. Consequently, the proposals listed below were not recommended for contract awards. These proposals were not necessarily deficient on any criteria but were not as competitive as the successful proposers.

Proposals not recommended	Location
High Desert Child, Adolescent and Family Center	Victorville
Village Counseling	Yucca Valley Desert Hot Springs
First Nation's Family Center	San Bernardino
RAP Community Recovery Services	Fontana
Hase and Associates	San Bernardino
Center for Community Counseling	San Bernardino
WestCare Arizona, Inc.	Needles
SACH Norton	San Bernardino
Jericho Outreach	Chino
One 2 One Mentors	Victorville
Impetus, Inc.	Chino

The proposals not recommended for contract awards totaled \$15,475,335. In addition, \$13,175,226 of services proposed by the recommended vendors could not be funded due to funding limitations.

SUBSTANCE ABUSE TREATMENT AND PREVENTION CONTRACTS**June 24, 2003****Page 6 of 6****Recommendation #3. Approve Contractual Agreements with Existing Service Providers**

In accordance with the county's standard procurement policy, DBH implemented a procedure last fiscal year whereby a portion of the service delivery system would be released for bid each year. The RFP process has now been used for residential and outpatient services and one or more RFPs will be issued next year for prevention, Medi-Cal outpatient, drug court, transitional housing services, and narcotic treatment programs. Approval of the contracts for one additional year will allow DBH to continue offering substance abuse treatment and prevention services to County residents for FY 03-04 while preparing RFP(s) for all of these services from July 1, 2004 through June 30, 2007.

Prevention contractors provide education and community activities, participate in health fairs, work to influence environmental factors that promote alcohol and drug abuse, perform assessment and referral, offer after-school activities to youth, provide youth-to-youth mentoring, coordinate small groups, offer activities that encourage family participation, offer social/recreational events, and work with community centers and other programs to discourage substance abuse. Six of the contractors also operate outpatient clinics that serve Medi-Cal clients only.

The Drug Court programs are collaborative efforts between the judicial system and the treatment community to offer substance abuse treatment services to eligible clients as an alternative to incarceration. These programs are one year in duration and participants are closely monitored by the courts.

Transitional housing services provide women in recovery, and their children, a secure environment for 18-24 months. A rent supplement, based on HUD guidelines, is paid to non-profit contractors providing these services. Substance abuse treatment outcomes are improved by incorporating social support services into the treatment process.

Narcotic Treatment Programs are outpatient clinics licensed by the State to provide narcotic replacement therapy using methadone and/or levoalphacetylmethadol (LAAM), directed at stabilization and rehabilitation of persons who are opiate addicted and have a substance abuse diagnosis.

Mental Health Systems, Inc. has one contract under Recommendation 3. The contract covers Prevention (\$478,739) and Drug Court (\$1,100,963) for a total amount of \$1,579,702.

REVIEW BY OTHERS: The contracts were approved as to form by Deputy County Counsel, Charles J. Larkin on June 6, 2003, and the item was reviewed by the County Administrative Office, Carol Hughes, Administrative Analyst, on June 12, 2003.

FINANCIAL IMPACT: The contracts recommended for approval total \$17,599,011 for FY 2003-04 and are included in DBH's Alcohol and Drugs Services proposed budget for FY2003-04. The following is the list of the various funding streams used to support these contracts: State Department of Alcohol Programs - \$11,609,011; Intra-fund transfers - \$5,140,000 (\$1,160,000 from CalWORKs, \$3,560,000 from the Substance Abuse Prevention and Crime Protection Act (Prop 36) and \$420,000 from Child Support Services); Driving Under the Influence (DUI) fines - \$650,000; Client Fees - \$200,000. This item imposes no local cost. Expenditures are funded by State ADP, reimbursements, and revenue from fines and fees.

COST REDUCTION REVIEW: The County Administrative Office has reviewed this agenda item and recommends approval as it will impose no local cost and will continue substance abuse services to eligible clients in San Bernardino County.

SUPERVISORIAL DISTRICT(S): All

PRESENTER: Rudy Lopez, Director
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